

| REFLECTIONS UPCI PODCAST |

# His Plan, My Purpose

LET'S TALK with Gindy Miller

Ep. 3



LADIES MINISTRIES

# Reflections

## HIS PLAN MY PURPOSE

Episode 3 | Let's Talk Guide | Mar-Apr '23



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### IDEAS

#### RESOURCES

Join us on social media as we invite women from all walks of life, seasons, and stages, to share life lessons and experiences based on our episode topic: "His Plan, My Purpose." We want to hear from you!

**FACEBOOK & INSTAGRAM**  
@ReflectionsMagazine UPCI



My interview with Dr. Janet Trout highlights her diverse experiences of a life well lived. She is a minister, pastor, educator, businesswoman, mom, and grandmom. Join the conversation as we talk about the difference between seasonal accomplishment and life-span fulfillment. It's a reminder that completing projects is not the same as living a purpose-filled life.

**DR. CINDY MILLER**  
Podcast Host



### OVERVIEW

"The Lord will fulfill his purpose for me; your steadfast love, O Lord, endures forever." (Psalm 138:8, ESV)

Purpose is simply the reason something is created, done, or exists. Have you ever wondered, "What is my purpose? Why was I created? Why do I exist?" Before birth, God had a plan for our lives, yet we often live a meandering, wondering, self-focused existence. His purpose is rarely front and center. A sense of purpose guides your decisions toward achieving a particular goal—hopefully, the objective God has planned.

Living out your purpose is not a "one shot at it" achievement. Life is primarily the process of taking small steps that accumulate over time. The process starts and stops and starts again, enabling you to look back on your life and say, "Yes, I lived out my God-given purpose."

### MY PERSONAL MISSION STATEMENT

To be thought of as authentic while living and remembered after life's end, I will be a woman who will...

**Extend** myself wherever and whenever I can be helpful, friendly, sensitive, or influential;

**Judge** myself first, then toward all others work to see what is unique, good, and worthy of praise;

**Challenge** myself to constant growing through structured learning, creative sharing, anointed teaching, enlightened reading, refined spiritual gifts, and most importantly, victorious living;

**Protect** myself from people and things—both real and imagined—that could destroy longevity, growth, health, and happiness;

**Conduct** myself in ways that are honest, authentic, and beneficial to the children of God and serve as a testimony of the goodness of God to those who do not know Him;

**Envision** myself as dynamic and capable, fair and unwavering, simple and complex, powerful but meek.

**Value** myself because He has shaped me, loved and protected me.

*Dr. Janet Trout*